

Healthy and Fun Snacks for Our Wellness Plan and Food Allergies

****Important: Due to continual changes in manufacturer packaging and Processing, please read the ingredient label of you snack chosen from this list To ensure that it does not contain any of the following... peanuts/nuts, peanut/nut butter, peanut/nut oil, peanut/nut flour, peanut/nut meal, or any of the statements “May contain traces of peanut/nuts” or “Manufactured in a facility that also processes peanuts (and/or other nuts)”.**

Snacks

Any Fresh Fruits or Veggies
Motts applesauce
Ritz Crackers or Sticks(plain), Mini Similn Ritz
Cheez Its (original, stix, twisterz, party mix)
Club Crackers (original, snack sticks, puffed)
Town House (original, wheat)
Town House Flip Sides (original, cheddar)
Kraft Cheese
Kraft Cheese and Crackers
Salsa
Ritz Toasted Chips (original, cheddar)
Wheatables (original, multigrain)
Kraft Macaroni and Cheese Crackers
Barnums Animal Crackers
Keebler Zesta Original
Nabisco Goldfish (cheddar, colors, pretzel, original)
Betty Crocker Fruit Rollups
Wheat Thins Chips
Kelloggs Yogos (bits, rollers)
Cheetos Cracker Trax
Lay’s Cracker Crisps (original, cheddar)
Handi-snacks (cheese &crackers, cheese & pretzels, cheese & sticks)
Hunts snack pack pudding (chocolate, vanilla)
Kelloggs Nutrigrain bars (cherry, blueberry)
Kelloggs Rice Krispie Treats (original only)
General Mills Cheerios, Golden Grahams, Kix
Keebler graham crackers (original, cinnamon, honey)
Teddy Grahams Trail Mix (bears and cheese, bears and bees)
Nabisco Honeymaid Grahams, (Bees, Morning Sticks)
Keebler Grahams Bug Bites
Keebler Scooby Doo Graham Cracker Sticks
Orville Redenbacher All Natural Simply Salted Microwave Popcorn
Orville Redenbacher microwave popcorn
Pop Secret microwave popcorn
Nabisco Fig Newtons (regular and strawberry and minis)
Quaker Oatmeal Squares, Life (plain, cinnamon)
Kelloggs Mini Wheats, Rice Krispies, Crispix, Corn Flakes,
Apple Juice
Nabisco Cheese Nips
Nabisco Wheat Thins
String Cheese
Jello pudding (all but pistachio)
Jello gelatin
Jello Jigglers
Kraft Handi Snack pudding
Yoplait Yogurt
Gogurt
Saltines
Air Popped Popcorn
Act II Kettle Corn Microwave Popcorn
Triscuit (original, cheddar)
Betty Crocker Fruit Snacks
Wheat Thins (original and reduced fat)
Fruit by the Foot
Fruit Roll Ups
Sun Maid Raisins (plain only)
All-Bran Crackers (Multi-Grain)
Rold Gold pretzels plain

For Party days and Special Treats

***Please only buy prepackaged products when the whole class
Will be having the treat**

Nabisco Shortbread cookies, Little Letters	Fritos
Nabisco Ginger Snaps	Tostitos
Mr. Salty milk chocolate covered pretzels	Doritos (not crackers)
Gripz (Nacho Cheese, Cheez-its, Chips Deluxe, Double Chocolate, Rainbow)	Nilla Wafers
Cheetos (crunch, puffs)	Lays Potato Chips
Munchos	Rolo
Kraft mini marshmallows (plain or funmallows)**No Fluff	Junior Mints
Kraft jet puffed marshmallows	Trident Gum
Hostess (Twinkies, Zingers, Cupcakes)	Dum Dum lollypops
Oreos (original, double stuff, chocolate crème, fudges, cool mint crème)	Andes mints
Golden Oreos (original, chocolate crème)	Sweet Tarts
Chips Ahoy (original, chunky, chewy, white fudge chunk)	Tootsie Rolls
Keebler Vanilla Wafers	Tootsie Pops
Keebler Scooby Doo Graham Cracker Sticks	Blow Pops
Keebler Vienna Finger	Milk Duds
Life Savers, Gummi Savers	Dots
Original Skittles	Whoppers
Original Smarties	Airheads
Original Starburst	Original Mike and Ike's
Original Sweedish Fish	Fun Dip
Hershey chocolate bars (watch for almond warning)	Gobstoppers
Hershey Kisses (original-watch label)	Gushers
Hershey Kissables	Jolly Ranchers
Jolly Ranchers Gummies	Nerd Ropes
Lifesavers	Pixy stix
Nerds	Ring Pops
Twizzlers (strawbeery, cherry, rainbow, licorice)	Sour Spray
General Mills Cerel (Trix, Lucky Charms, Cheerios)	Sprees
Kelloggs Apple Jacks, Frosted Flakes, Fruit Loops	Planters Cheese balls
Kelloggs Pop Tarts (strawberry, frosted cherry, chocolate fudge)	Pringles
Edy's Grand Vanilla Bean Ice Cream	Sunchips
Breyer's All Natural Vanilla, Chocolate, or Strawberry Ice Cream	Ruffles Potato Chips (plain)
Bakers's Dipping Chocolate	Nabisco Chips Ahoy (regular)
Hershey's semisweet chocolate chips	
Wonka Mix Ups (Runts, Nerds, Laffy Taffy, Bottle Caps, Sweet Tarts)	
Baked Lays Potato Chips (all varieties)	
Keeble Fudge Shoppe Deluxe Grams (not filled)	
Keebler Fudge Shoppe Fudge Stripes	
Keebler Fudge Shoppe Grasshopper Fudge Mint Cookies	
Pepperidge Farm Milk Chocolate or mint Milano, Orange, Chocolate Raspberry, Chessmen, Brussels	
Snackwells Devil Food Cookies, Vanilla Crème Sandwich, Chocolate Mint	
Entemmans Donuts (glazed and chocolate)	
Entemmans Popems Dounts (glazed and chocolate)	
Hostess Cinnamon Crumb Cakes	
Hostess powdered donettes	

Hostess Glazed Donut bites
Hostess Mini Donuts (Chocolate and Frosted)
Hostess Ho-Ho
Hostess Suzy Q
Hostess Ding Dong
Hostess Snowballs
Hostess 100 calorie packs (chocolate cupcake, golden cupcake)
Disney Magic Orange Sherbet Pop Tops (like push-ups)
Kroger Ice Cream Sundae Cups (Vanilla, Chocolate Swirl, and Strawberry Swirl)
Kroger Ice Cream Sandwiches
Kroger Mini Ice Cream Sandwiches
Kroger Fudge Bars
Kroger Assorted Pops (popsicles)
Kroger Banana Pops (popsicles)
Kroger Root Beer Floats (popsicles)
Popsicle Brand Pops (popsicles)
Popsicle Brand Fire Cracker Pops (popsicles)
Food Club Fudge bars
Food Club Ice Cream Sandwiches
Food Club Mini Ice Cream Sandwiches
Food Club Orange Cram Bars
Fair Dust Dessert Topping
Toy Story Dessert Topping
Princess Dessert Topping
Hershey Hot Fudge Topping
Hershey Genuine Chocolate Syrup
Hershey classic Caramel Syrup
Smuckers Carmel, Strawberry, Pineapple, Chocolate Fudge, Marshmallow Toppings
Kroger Carmel, Butterscotch, Chocolate Fudge Toppings
PIZZA (Pizza Hut, Domino, Papa John, Donato)
Subway Sandwiches

Push Ups
Cool Whip
Redi Whip whip cream