

ALLERGEN LIST

X = PRODUCT CONTAINS ALLERGENS

ALLERGEN DISCLAIMER: The allergen information listed below is based on information recently obtained from our suppliers. While we provide an allergen list, all of our ingredients may be produced in a facility that also processes milk, eggs, fish, shellfish, tree nuts, peanuts, wheat and soy. Our staff are trained to follow food safety procedures in our kitchens and take steps to prevent cross-contact with other foods. However since cross-contact may occur, we can never guarantee a menu is completely free from any allergen due to product formulation change or possible alteration of the recipe. INDIVIDUALS WITH FOOD ALLERGIES OR SPECIFIC DIETARY CONCERNS SHOULD ALWAYS SPEAK WITH A MEMBER OF OUR STAFF FOR INDIVIDUAL ASSISTANCE.

Menu Items	Milk/Milk Product	Eggs/Egg Derivatives	Gluten	Soy	Tree Nuts	Peanuts	Sesame Seed/Sesame Seed Products	Fish/Fish Products	Crustaceans	Mollusks
Apple Walnut & Wild Rice Salad	X	X	X	X	X	X				
Au Gratin Potatoes	X		X	X						
Aztec Corn										
Baby Carrots	X			X						
Baked Beans										
Baked Breaded Ravioli	X	X	X							
Baked Cheese Ravioli	X	X	X							
Baked Chicken Leg										
Baked Chicken Parmesan Orchard	X									
Baked Chicken Tenders			X	X						
Baked Cod								X		
Baked Potato Bar	X		X							
Baked Stuffed Zucchini w/ Apple Couscous			X							
Baked Sweet Potato Fries										
Baked Tater Tots										
Baked Tempura Nuggets			X							
Baked Ziti 4 Cheese	X		X	X						
BBQ Beef Sandwich			X	X						
Beef & Bean Burrito	X		X	X						
Beef Soft Tacos	X		X	X						
Black Bean Burger			X	X						
Bowtie Pasta			X							
Breaded Chicken Sandwich			X	X						
Breaded Chicken Tenders			X	X						
Broccoli	X			X						
Brown Rice										
Caesar Salad	X		X					X		
Cheese Pizza	X	X	X	X			X			
Cheese Quesadilla	X		X	X						
Cheeseburger on Bun Indy	X		X	X						
Chicken Alfredo	X		X	X						
Chicken & Cheese Crispito			X	X						

ALLERGEN LIST

X = PRODUCT CONTAINS ALLERGENS

ALLERGEN DISCLAIMER: The allergen information listed below is based on information recently obtained from our suppliers. While we provide an allergen list, all of our ingredients may be produced in a facility that also processes milk, eggs, fish, shellfish, tree nuts, peanuts, wheat and soy. Our staff are trained to follow food safety procedures in our kitchens and take steps to prevent cross-contact with other foods. However since cross-contact may occur, we can never guarantee a menu is completely free from any allergen due to product formulation change or possible alteration of the recipe. INDIVIDUALS WITH FOOD ALLERGIES OR SPECIFIC DIETARY CONCERNS SHOULD ALWAYS SPEAK WITH A MEMBER OF OUR STAFF FOR INDIVIDUAL ASSISTANCE.

Menu Items	Milk/Milk Product	Eggs/Egg Derivatives	Gluten	Soy	Tree Nuts	Peanuts	Sesame Seed/Sesame Seed Products	Fish/Fish Products	Crustaceans	Mollusks
Chicken Fajita Quesadilla	X		X	X						
Salsa										
Vegetables										
Chicken Patty Sandwich		X	X	X						
Chicken Quesadilla	X		X	X						
Chopped Spinach										
Confetti Rice			X	X						
Corn										
Country Cole Slaw										
French Potato Wedges	X			X						
Fresh Carrots w/ Dill & Butter	X									
Fresh Green Beans	X			X						
Fresh Sugar Snap Peas										
Fresh Winter Blend Vegetables	X			X						
Fresh Zucchini	X			X						
Green Peas										
Grilled Cheese Sandwich	X		X	X						
Grilled Chicken on Bun			X	X						
Guacamole										
Hash Brown Diced Potatoes										
Honey Glazed Carrots	X			X						
Honey Roasted Brussels Sprouts										
Italian Sausage & Pepper Sandwich			X	X						
Lasagna	X	X	X							
Lemon Pepper Peas	X			X						
Macaroni & Cheese	X		X							
Marinara Sauce										
Meatball Sub	X		X	X						
Mexican Lasagna		X	X							
Mexican Vegetables	X									
Mexican Vegetarian Soft Tacos	X		X	X						
Mini Pancakes & Syrup	X	X	X	X						

ALLERGEN LIST

X = PRODUCT CONTAINS ALLERGENS

ALLERGEN DISCLAIMER: The allergen information listed below is based on information recently obtained from our suppliers. While we provide an allergen list, all of our ingredients may be produced in a facility that also processes milk, eggs, fish, shellfish, tree nuts, peanuts, wheat and soy. Our staff are trained to follow food safety procedures in our kitchens and take steps to prevent cross-contact with other foods. However since cross-contact may occur, we can never guarantee a menu is completely free from any allergen due to product formulation change or possible alteration of the recipe. INDIVIDUALS WITH FOOD ALLERGIES OR SPECIFIC DIETARY CONCERNS SHOULD ALWAYS SPEAK WITH A MEMBER OF OUR STAFF FOR INDIVIDUAL ASSISTANCE.

Menu Items	Milk/Milk Product	Eggs/Egg Derivatives	Gluten	Soy	Tree Nuts	Peanuts	Sesame Seed/Sesame Seed Products	Fish/Fish Products	Crustaceans	Mollusks
Mixed Green Salad										
Mixed Vegetables										
Orange Chicken Chunks			X	X			X			
Oven Roasted Potato Wedges										
Pasta Alfredo	X		X							
Pasta Fantastica	X		X							
Pepperoni Pizza 8 cut	X	X	X	X			X			
Portobello Mushroom Burger			X	X						
Ranch Potato Wedges	X									
Ranch Roasted Red Potatoes	X									
Ranch Salad	X	X								
Refried Beans										
Rice Pilaf	X			X						
Roasted Broccoli										
Roasted Cauliflower										
Roasted Red Potatoes										
Roasted Vegetable Wrap			X	X						
Roasted Vegetables										
Salsa										
Sausage Links										
Sausage Pizza	X	X	X	X			X			
Scrambled Eggs	X	X		X						
Seasoned White Rice	X			X						
Sloppy Joe			X	X						
Spaghetti & Marinara	X		X							
Spaghetti & Meatballs w/ Sauce	X		X	X						
Spanish Rice										
Spinach Lasagna	X	X	X							
Spinach Salad w/ Mandarins	X									
Summer Squash	X			X						
Sunshine Vegetable Blend	X			X						

ALLERGEN LIST

X = PRODUCT CONTAINS ALLERGENS

ALLERGEN DISCLAIMER: The allergen information listed below is based on information recently obtained from our suppliers. While we provide an allergen list, all of our ingredients may be produced in a facility that also processes milk, eggs, fish, shellfish, tree nuts, peanuts, wheat and soy. Our staff are trained to follow food safety procedures in our kitchens and take steps to prevent cross-contact with other foods. However since cross-contact may occur, we can never guarantee a menu is completely free from any allergen due to product formulation change or possible alteration of the recipe. INDIVIDUALS WITH FOOD ALLERGIES OR SPECIFIC DIETARY CONCERNS SHOULD ALWAYS SPEAK WITH A MEMBER OF OUR STAFF FOR INDIVIDUAL ASSISTANCE.

Menu Items	Milk/Milk Product	Eggs/Egg Derivatives	Gluten	Soy	Tree Nuts	Peanuts	Sesame Seed/Sesame Seed Products	Fish/Fish Products	Crustaceans	Mollusks
Taco Salad										
Salsa										
Teriyaki Tenders			X	X						
Tomato Soup			X							
Vegetarian Sausage Patty	X	X	X	X						
Vegetarian Sausage	X	X	X	X						
Vegetarian Sloppy Joe	X	X	X	X						
Vegetarian Stuffed Pepper	X									
Waffles	X		X	X						
West Coast Broccoli Bake	X	X	X	X						
White Dinner Rolls	X	X	X	X						
White Rice	X			X						
DAILY DELI SANDWICHES										
Small French Roll - 6"			X							
Hoagie Bun - 6"			X							
Honey Ham										
Turkey Breast										
Tuna Salad		X						X		
YOGURT PARFAITS										
Strawberry Yogurt	X									
Vanilla Yogurt	X									
Fresh Blueberries										
Fresh Strawberries										